ST LAWRENCE C.E. PRIMARY SCHOOL SUBJECT MANAGER OVERVIEW

SUBJECT: Wellbeing UNIT: Who helps to keep us safe? CONCEPT: Transformation YEAR: 1

BIG QUESTION	Who helps to keep us safe and how?	
END OF UNIT OUTCOME	Children to create a 'safety' card, picking one person that keeps them safe (either a job or a family member) and decorating one side of the card with a picture of them and their title. On the other side of the card, children are to write about how they keep them safe.	
NC OBJECTIVES	• H33. about the people whose job it is to help keep us safe • R1. about the roles different people (e.g. acquaintances, friends and relatives) play in our lives • R2. to identify the people who love and care for them and what they do to help them feel cared for • R3. about different types of families including those that may be different to their own • R4. to identify common features of family life R5. that it is important to tell someone (such as their teacher) if something about their family makes them unhappy or worried • H14. how to recognise what others might be feeling • H16. about ways of sharing feelings; a range of words to describe feelings • R6. about how people make friends and what makes a good friendship	
WEEK	**KEY KNOWLEDGE**	**RESOURCES**
1	**H33. about the people whose job it is to help keep us safe** **R1. about the roles different people (e.g. acquaintances, friends and relatives) play in our lives** **R2. to identify the people who love and care for them and what they do to help them feel cared for** People can be special to us for lots of different reasons, normally these are people we can trust and who care for us. The special people in our lives show they care for us in lots of different ways. They might provide food and shelter for you, they might help you when you are sick, they might care for you and make you feel better. They might be people in the community, like police officers, who keep everyone safe and make sure everyone is following the rules.	Powerpoint on VIPs VIP crown

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	We all have people who are special to us in our lives. The people who are special to us might not be the same people who are special to someone else – this is OK as we are all different!	
RICH TASKS	Children to create a 'VIP' crown, filling in each point with a different person that is special and cares for them. They should then annotate in the box why they are special to them.	
2	**H33. about the people whose job it is to help keep us safe** **R1. about the roles different people (e.g. acquaintances, friends and relatives) play in our lives** **R2. to identify the people who love and care for them and what they do to help them feel cared for** **R3. about different types of families including those that may be different to their own** **R4. to identify common features of family life** **R5. that it is important to tell someone (such as their teacher) if something about their family makes them unhappy or worried** We all belong to a family group. These family groups will all be different. Some may be big, others may be small and they may have a different mix of people in them. This is OK — we are all different and difference is something to be celebrated! The special people in our family are those who help us to feel safe, happy, loved, cared for and healthy. They are the people we trust	My Family drawing sheet

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	and who help to meet our basic needs. Families can go through challenging times. It is important to talk to someone we trust if we are worried about anything at all. Special people in our family can help us to feel safe, happy and loved and when we feel good inside, we can help others to feel good inside too.	

RICH TASKS	Draw a picture of the special people in your family and write a sentence to explain why they are important to you.	
3	**H33. about the people whose job it is to help keep us safe** **R1. about the roles different people (e.g. acquaintances, friends and relatives) play in our lives** It's not just our families and carers who take care of us and keep us safe. Police officers, lollypop men and women, doctors, nurses and firemen and firewomen keep us safe too. Can you think of any other jobs that people do to keep us safe? How do they keep us safe?	- Slides of jobs that keep us safe
RICH TASKS	Children to create a poster about 1 job that keeps us safe, writing a sentence to accompany describing how they keep us safe.	
4	**H14. how to recognise what others might be feeling** **H16. about ways of sharing feelings; a range of words to describe feelings** **R6. about how people make friends and what makes a good friendship** Friends are people we like a lot and who we know well. They are people who we enjoy spending time with.	Powerpoint 'Friendship flower' template

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	Having friends in our lives is important as they can help us to feel good and have happy times as well as support us when we are facing more challenging situations. Friends can sometimes make us feel sad, as well as happy. This is all part of our learning about friendship. The important thing is that we know the qualities that make a good friend. We can then try our hardest to show these qualities to our friends and choose friends who show these qualities to us. Good friends treat us with kindness and respect and are people we trust. Friends are people who like and accept us for who we are and don't try to make us do things that we are uncomfortable with.	
RICH TASKS	Children to create a 'friendship flower' including all of the different qualities they think makes a good friend.	

5	Revision of key knowledge
END OF UNIT OUTCOME	Children to create a 'safety' card, picking one person that keeps them safe (either a job or a family member) and decorating one side of the card with a picture of them and their title. On the other side of the card, children are to write about how they keep them safe.