St Lawrence CE Primary School

Love, Compassion and Respect

Science – Year 1 – Human Body – Summer 2

Vocabulary Top Ten:

exercise – moving about to keep you healthy

grow – when someone or something gets bigger

healthy – when someone is fit and well

hearing – the ability to hear sound using your ears

human being – a man, woman or child

senses – to be able to see, hear, smell, touch and taste

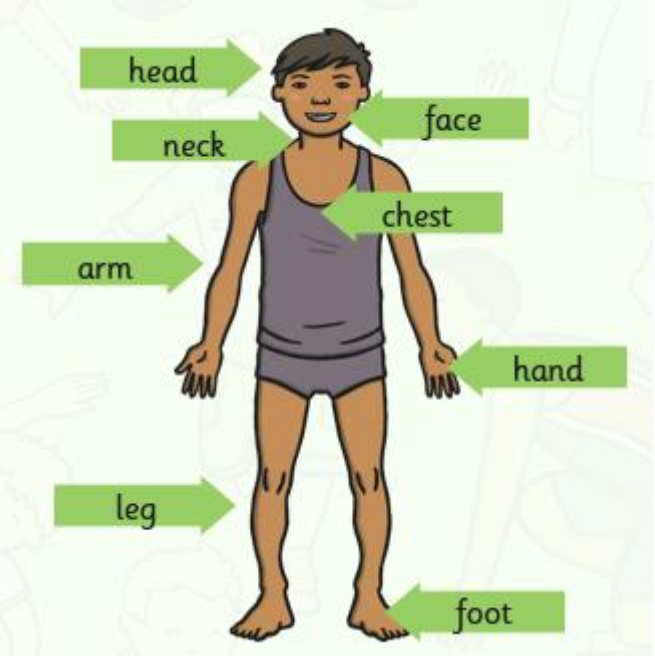
sight – to be able to see

taste – to be able to recognise the flavour of things in your mouth

taste buds – are on your tongue and allow you to experience tastes that are sweet, salty, sour, and bitter.

touch – to be able to feel objects with your body

Diagram of a Human Body



We are all different and grow at different rates.

How to stay healthy



drink lots of water



eat healthy foods



exercise



sleep



wash

Staying healthy will help you to feel happier and stronger.