PE Policy

Date approved	Committee responsible for review of policy	Next review date	Policy on website	Statutory policy
September 2025	FGB	September 2027	No	No

Headteacher: Mrs Fiona Micklefield

1. Purpose of the policy

This policy reflects the aims and values of St Lawrence CE Primary School. It ensures all stakeholders, including staff, governors, parents and pupils, are working towards the same goals.

The purpose of this policy is to:

- Set out a framework for all teaching and non-teaching staff, giving guidance on planning, teaching and assessment
- Demonstrate adherence to the National Curriculum objectives and guidelines (if appropriate)
- Provide clear information to parents and carers about what their children will be taught
- Allow the governing board to monitor the curriculum
- Provide Ofsted inspectors with evidence of curriculum planning and implementation

2. Subject vison

Physical Education is an integral part of the broad and sustained curriculum at St Lawrence CE Primary and ultimately supports pupils' ability to be physically active and lead a healthy lifestyle. Our PE curriculum provides ALL pupils with the opportunity to become physically confident in a way which supports their health and fitness. At St Lawrence CE Primary we provide opportunities for all children to take part in competitive sport and activities, embedding our school values and allowing sportsmanship to flourish. It is important to us at St Lawrence CE Primary that children are physically active for sustain periods of time in each and every PE lesson with more opportunities to be physical in school clubs and after school competitions. We value developing the children's positive attitudes and perseverance to physical challenge through a wide range of physical activity which will enhance life-long fitness and life choices.

3. Aims and outcomes

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

4. Teaching and learning

At St Lawrence CE Primary school, children engage in one hour PE lessons every week with opportunities to be active inside and outside. At the end of each key stage, children are expected to know, understand and apply the skills specified in the relevant unit of work. Each lesson has progressive activities that are designed to inspire and engage pupils, allowing them to explore and develop skills and embed knowledge. Pupils are also given opportunities to develop skills by choosing their own outcome and process.

PE lessons are taught by an external Sport's coach to ensure a whole-child approach to PE and coverage of the objectives, demonstrating how to use equipment and the various skills needed.

Every PE lesson shows clear progression built in amongst each year group, ensuring the children are increasingly challenged as they move up through the school. Adaptations are provided during activities with simple changes to appropriately challenge ALL pupils.

By the end of KS2, children will have been exposed to a wide variety of sports and given opportunities to showcase their skills with opportunities to partake in school tournaments and competitions. These skills will be revisited with increasing complexity as pupils prepare for the next stage of their education.

In our Early Years provision, we encourage children to develop confidence and control of the way they move, and the way they handle tools and equipment with opportunities to use funky fingers, pen disco and dough gym. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors.

Swimming is taught regularly with attainment tracked and monitored to ensure that children, by the end of KS2, can swim 25m and have basic water skills.

Teaching approaches are varied, but might include:

- Whole- class teaching
- Use of a range of equipment
- Opportunities to work as a team through competitive games
- Small group activities
- Paired work
- External PE coaches
- Feedback and opportunities to improve

5. Curriculum overview

Please see the hyperlink below which takes you to the whole school subject overview on the school website where you can see the subject content across all year groups from EYFS, Key Stage 1 to Key Stage 2.

Curriculum overview

5.4 Programmes of study

Please see the hyperlink below which takes you to the National Curriculum.

National Curriculum

6. Cross-curricular links

In PE, there are many opportunities for cross curricular links. This may include:

PE shares links with the following subjects:

- Maths: understanding of time and distance
- Geography: Orienteering
- Spiritual, moral, social and cultural (SMSC): encourages teamwork and self improvement.

7. Assessment and recording

7.1 Assessment

St Lawrence CE Primary School uses assessment to enable staff to understand what pupils have learnt before, what they need to learn now and what they will learn next.

Formative assessment
Formative assessment is ongoing and will be used to inform teachers in relation to their planning, lesson activities and differentiation.

Summative assessment
Summative assessment is recorded at the end of each unit of work.

Feedback

Children receive regular feedback during the lesson and can receive this at the beginning of the next.

7.2 Recording

Pupils will record their learning in the following ways:

- Subject books
- Year R Individual Learning Journey or on Tapestry

This may take the form of photographs, pictures, notes or written work, and may be worksheet-based or fully independent.

8. Resources

8.1 Educational equipment

In PE lessons, we use a variety of resources such as:

- Equipment to play competitive games

- Athletic and gymnastic equipment
- Equipment to support outdoor and adventurous activity challenges.

8.2 External speakers, local museums, trips

To further engage pupils in PE, pupils have the opportunity to take part in competitive games and events with other local schools. In lessons, pupils are supported by outside coaches from Active 360 and Everyone Deserves the Chance to Dance. Year 3 have the opportunity to take part in swimming lessons at a local swimming pool.

9. Roles and responsibilities

9.1 Headteacher

The headteacher at our school will:

- Support the subject leader but also hold them to account for the effectiveness of the subject
- Support staff through the provision of training and resources
- Monitor the planning and delivery of the subject
- Ensure the requirements of the National Curriculum are met
- Ensure this policy is reviewed according to the timescales set out

9.2 Subject leader

The subject leaders at our school will:

- Prepare and review subject policy and curriculum plans
- Promote the study of the subject throughout the school
- Monitor the teaching and assessment of the subject
- Attend appropriate CPD
- Stay informed regarding developments in the study and teaching of the subject
- Evaluate resources
- Provide training and CPD to staff on the subject curriculum and its delivery, and keep them informed about subject developments nationally
- Assess the impact of the subject curriculum on pupils' learning and development
- Make presentations to governors on the subject and how it is being taught

9.3 Classroom teacher

Classroom teachers at our school will:

- Teach and assess the subject according to the principles laid out in this policy
- Report to the subject leader
- Maintain subject knowledge and appropriate CPD

9.5 Parents

The parent community at our school will:

- Make sure their children are prepared for learning
- Sign the home school agreement

10. Inclusion

Teachers set high expectations for all pupils in PE. They will use appropriate assessment to set ambitious targets and plan challenging work for all groups, including:

- More able pupils
- Pupils with low prior attainment
- Pupils from disadvantaged backgrounds
- Pupils with special educational needs (SEN)
- Pupils with English as an additional language (EAL)

Teachers will plan lessons so pupils with SEN and/or disabilities can study PE, wherever possible, and ensure that there are no barriers to every pupil achieving.

Teachers will also take account of the needs of pupils whose first language is not English. Lessons will be planned so that teaching opportunities help pupils to develop their English, and to support pupils to take part in PE.

A Support and challenge section forms part of the learning journey planner.

Further information can be found in our statement of equality information and objectives, and in our SEN policy and information report.

11. Links to other policies

This subject policy links to the following policies and procedures:

- Curriculum policy
- Assessment policy
- Feedback policy
- SEN policy

12. Monitoring and review

This policy will be reviewed by staff and governors every 2 years.

Head Teacher's signature
(Fiona Micklefield)

Chair of Governors' signature

(Paul Whitty)