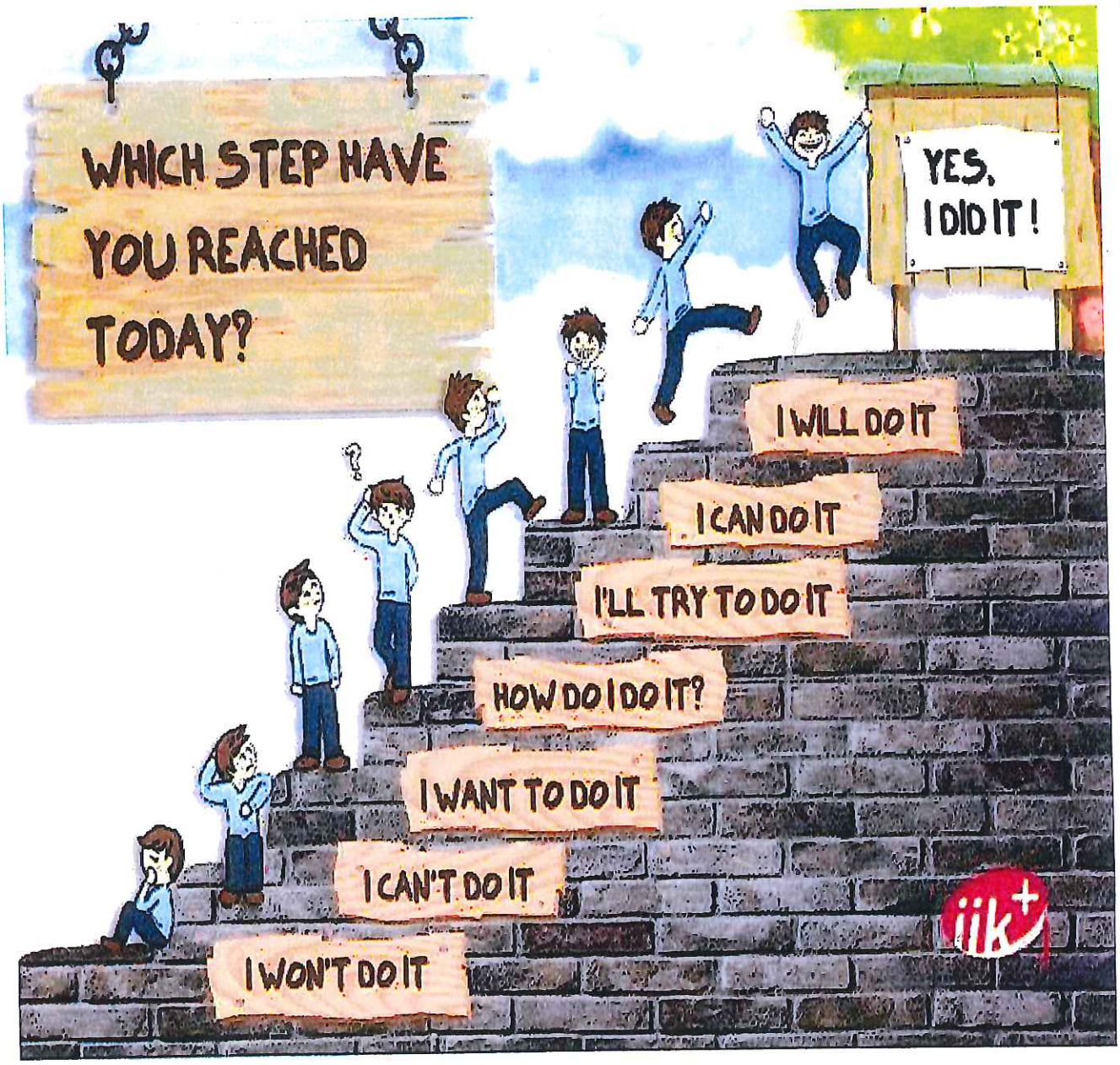
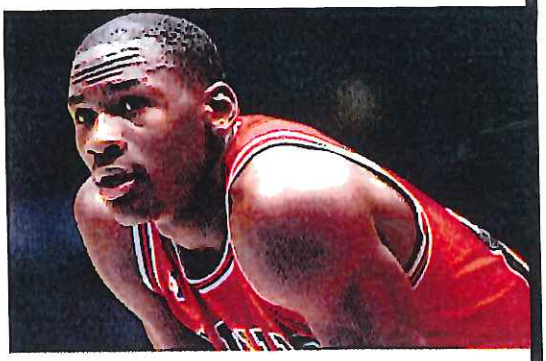
Growth Mindsets at St Lawrence School

A Guide for Children



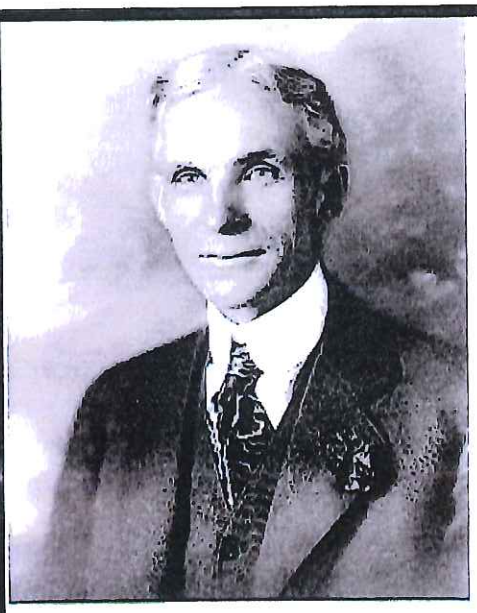
I can accept failure. Everyone fails at something. But I can't accept not trying.



Michael Jordan

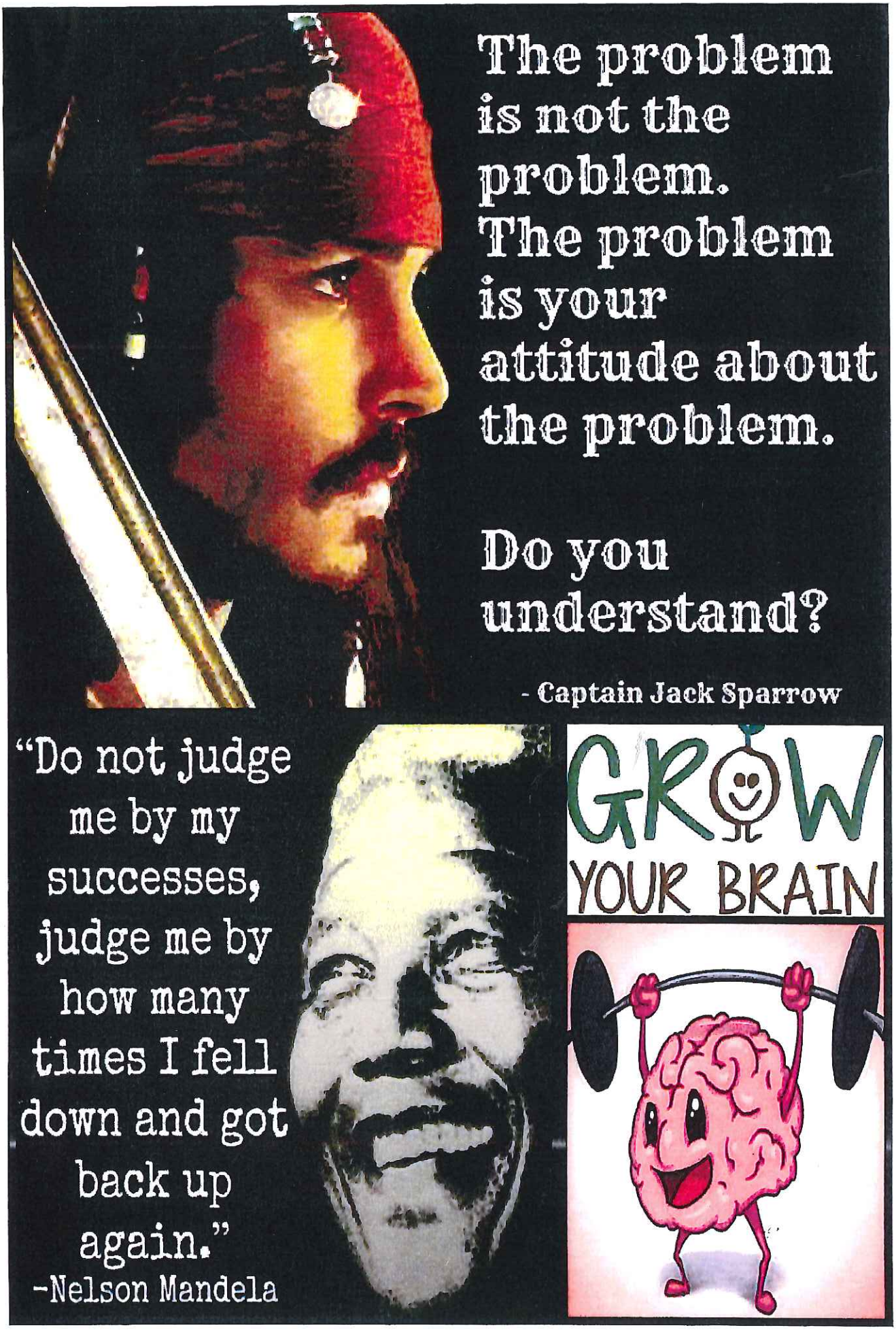
FAIL

[F] First
[A] Attempt
[I] In
[L] Learning



Whether you think you can, or think you can't... you're right.

Henry Ford


The problem is not the problem. The problem is your attitude about the problem.
Do you understand?
- Captain Jack Sparrow
"Do not judge me by my successes, judge me by how many times I fell down and got back up again."
-Nelson Mandela
GROW
YOUR BRAIN

What Can I Say To Myself?

Instead of...	Try thinking...
• I'm not good at this.	• What am I missing?
• I'm awesome at this.	• I'm on the right track
• I give up.	• I'll use some of the strategies we've learned.
• This is too hard.	• This may take some time and effort.
• I can't make this any better.	• I can always improve, so I'll keep trying.
• I just can't do maths	• I'm going to train my brain in Maths
• I made a mistake.	• Mistakes help me to learn better
• She's so smart. I will never be that smart.	• I'm going to figure out how she does it so I can try it!
• It's good enough.	• Is it really my best work?
• Plan A didn't work.	• Good thing the alphabet has 25 more letters!

Many thanks to our parent volunteers (Sue Eastlake, Lisa Webb & Sarah Talbot-Kennedy) who helped to produce our leaflets