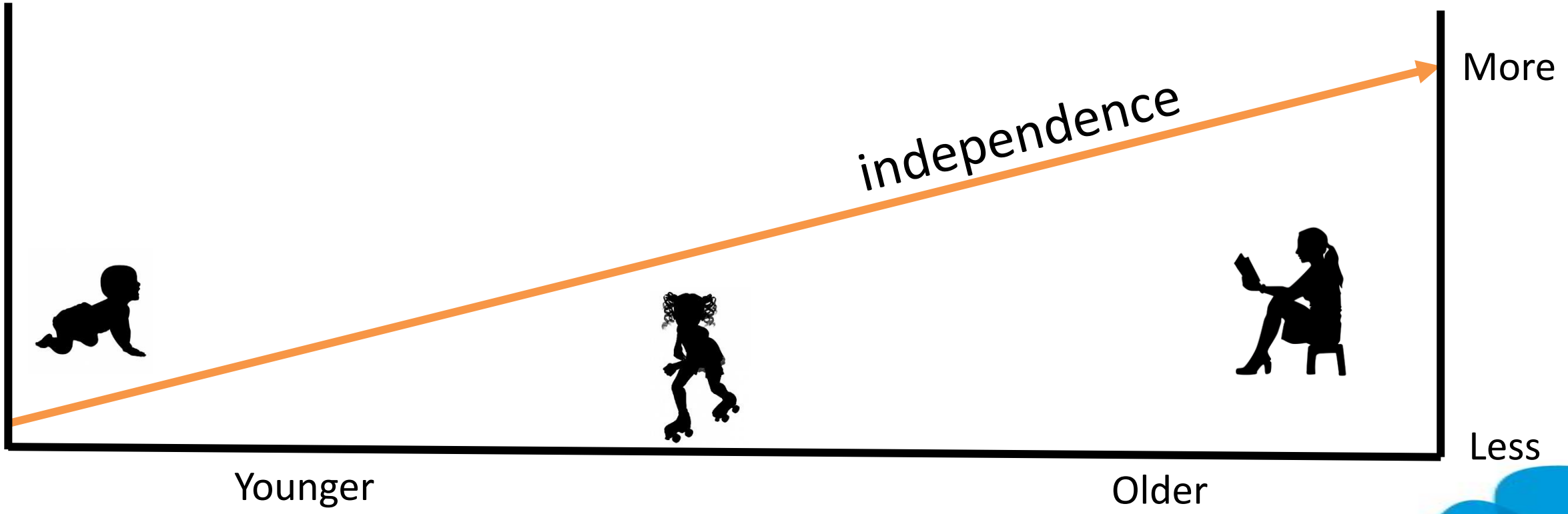
Online Safety
St Lawrence CofE Primary

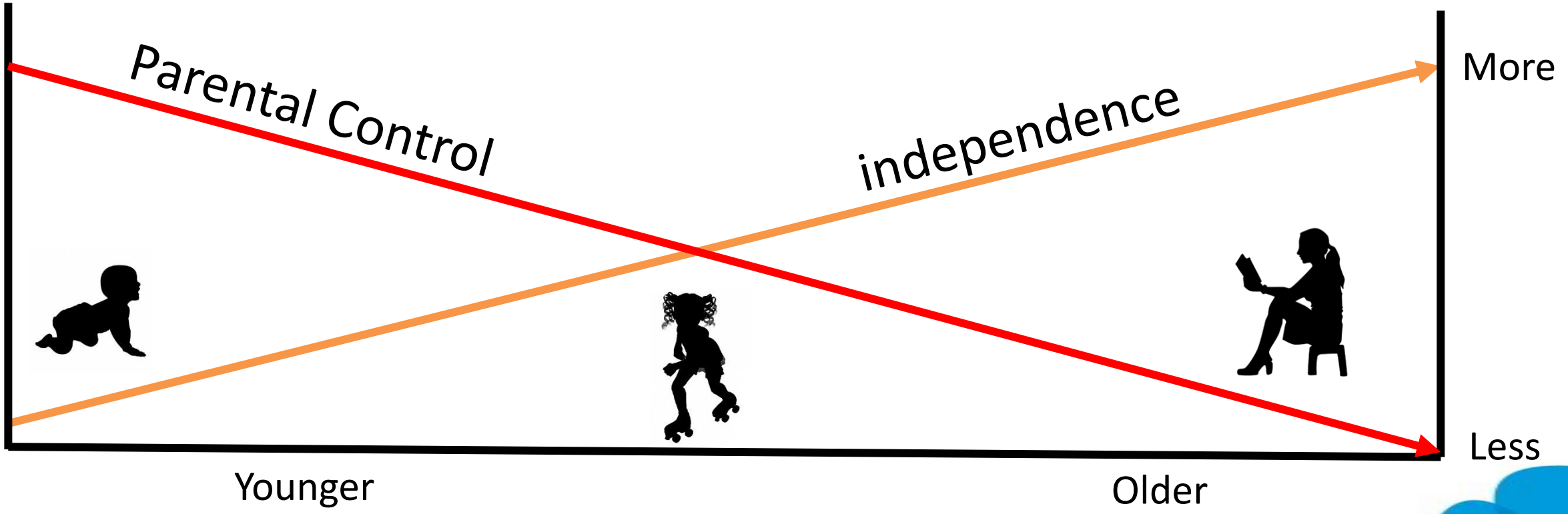
Phil Bagge

HIAS Computing Inspector/Advisor

Independence

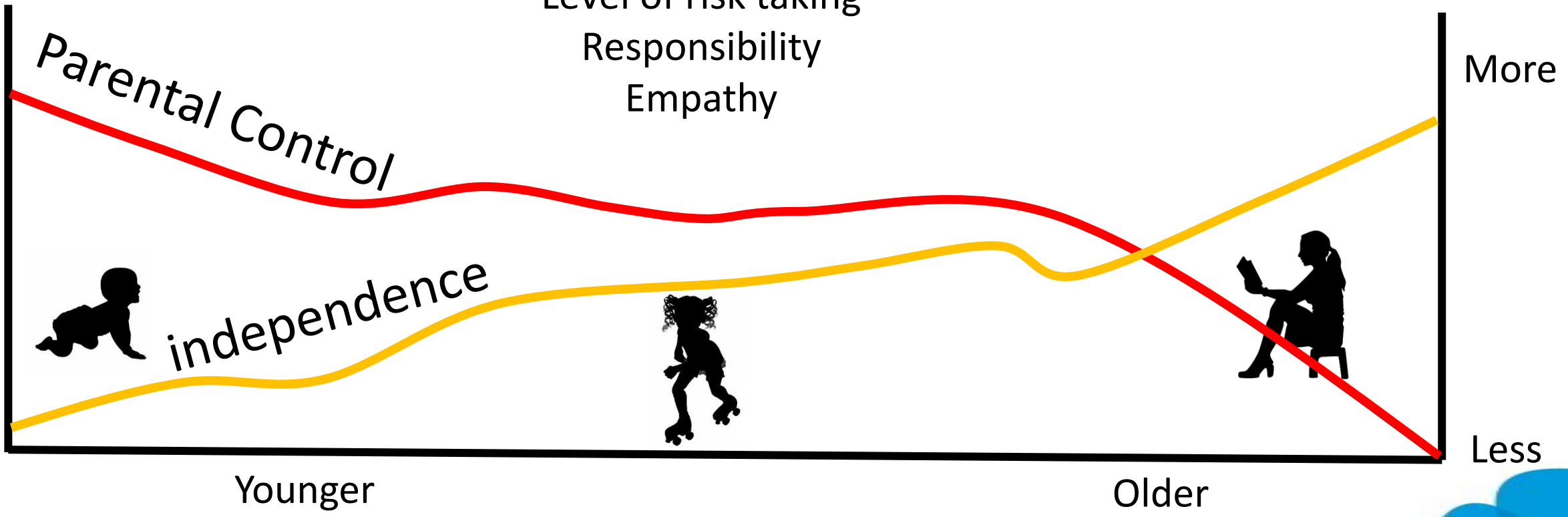


Independence

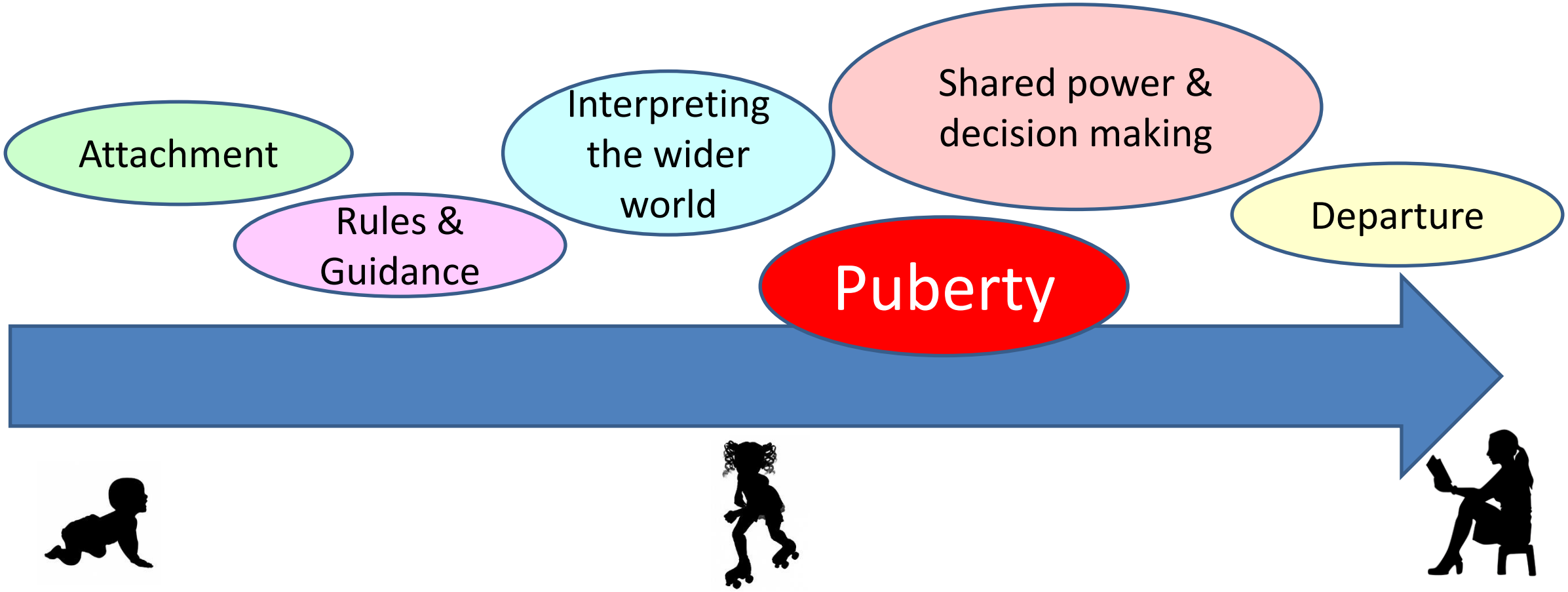


Independence

Maturity
Level of risk taking
Responsibility
Empathy



Changes



Adapted from Galinsky stages of parenthood

General Principles

- Online safety provision should change as children's needs change
- Risks need to be evaluated and managed at each stage
- Relationships are key

Three Areas of Concern

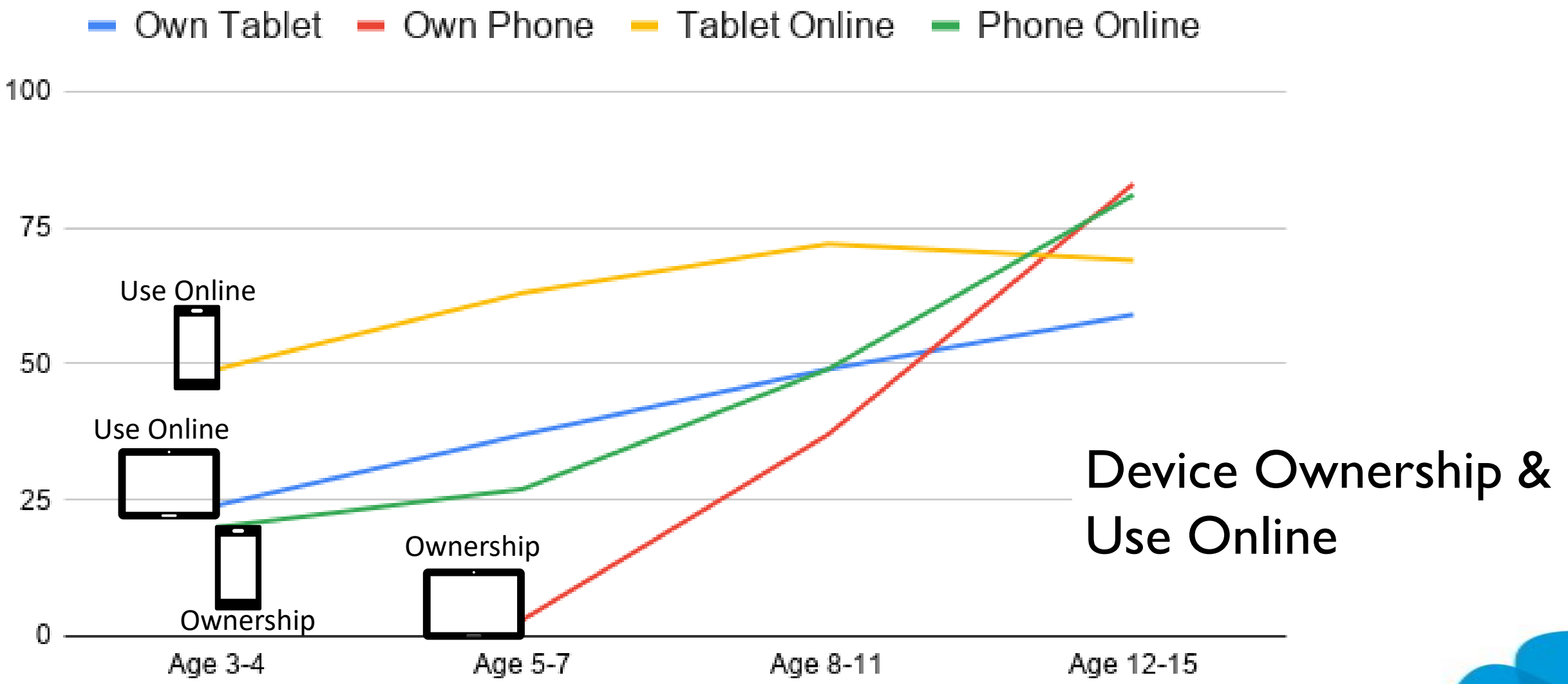
content: exposed to illegal, inappropriate or harmful content

contact: harmful online interaction with other users

[peer to peer pressure, commercial advertising, grooming children]

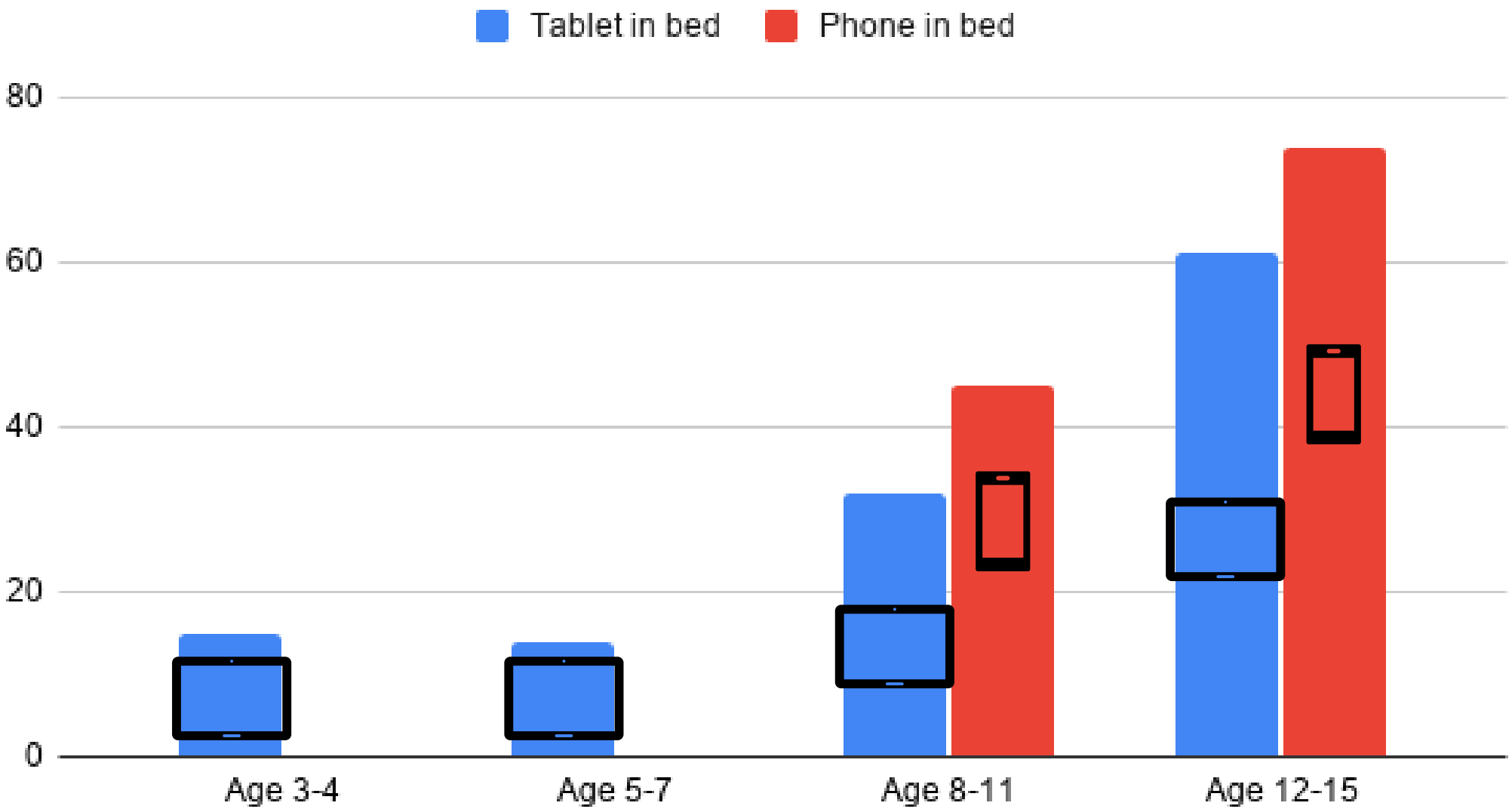
conduct: personal online behaviour that causes harm

[making, sending and receiving explicit images, online bullying]



Device Ownership & Use Online

Allowed to use mobile device in bed



Areas of Concern

Sleep deprivation

Access to illicit material on un-filtered devices

Sharing of own explicit photos/videos (sexting)

Digital Device Park

All young people park their digital devices somewhere away from their bedrooms overnight at an agreed time.

That time can be negotiated and extended as they get older or during holidays or weekends.

Mobile Filtering Solutions

Filter mobile internet content (3g-4g-5g) in a similar way to that setup on your broadband

Can include

- Time usage limits
- Social media tracking
- YouTube monitoring
- Location tracking
- App blocking

UK PCMAG Review 2021

Discussion Themes

Sharing naked photos of themselves or others

Why might others do this?

What might others get out of it?

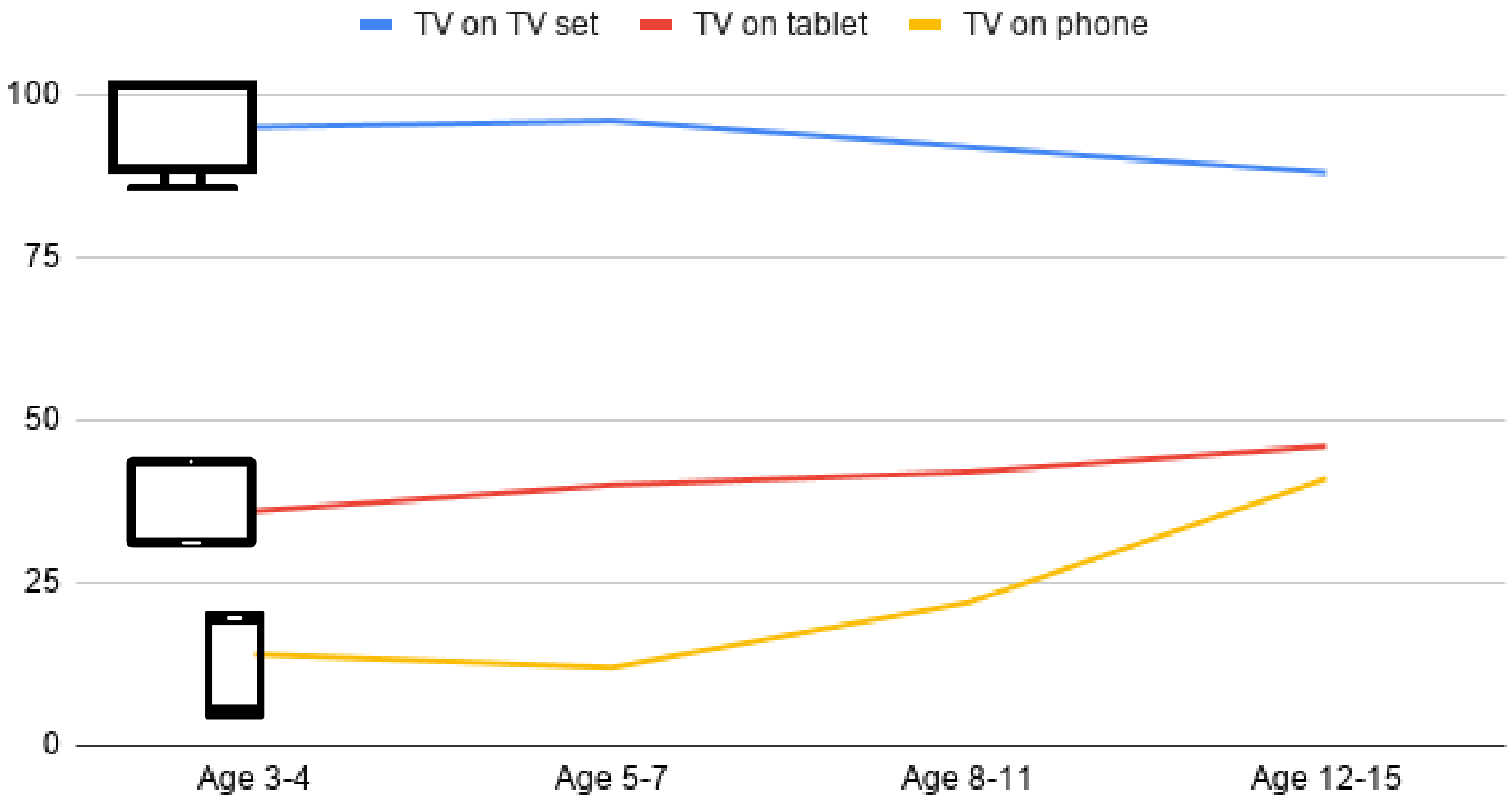
How might they feel if the picture is shared with someone other than the original recipient?

Far easier to discuss this before rather than after an incident.

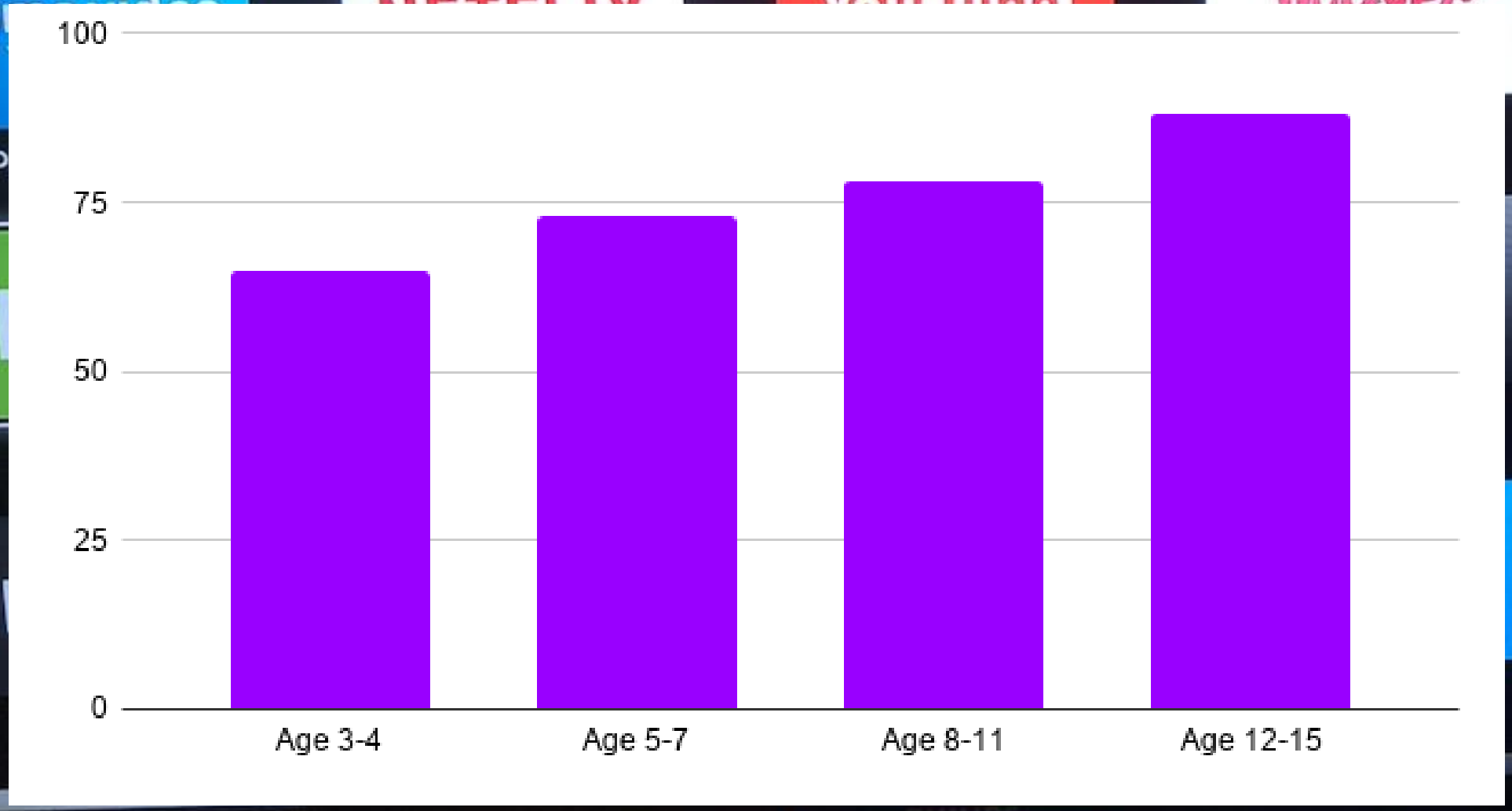
Part of our parental responsibilities to provide useful age appropriate sex education.

Internetmatters advice

TV Consumption by device



Access to Video on Demand



Areas of Concern

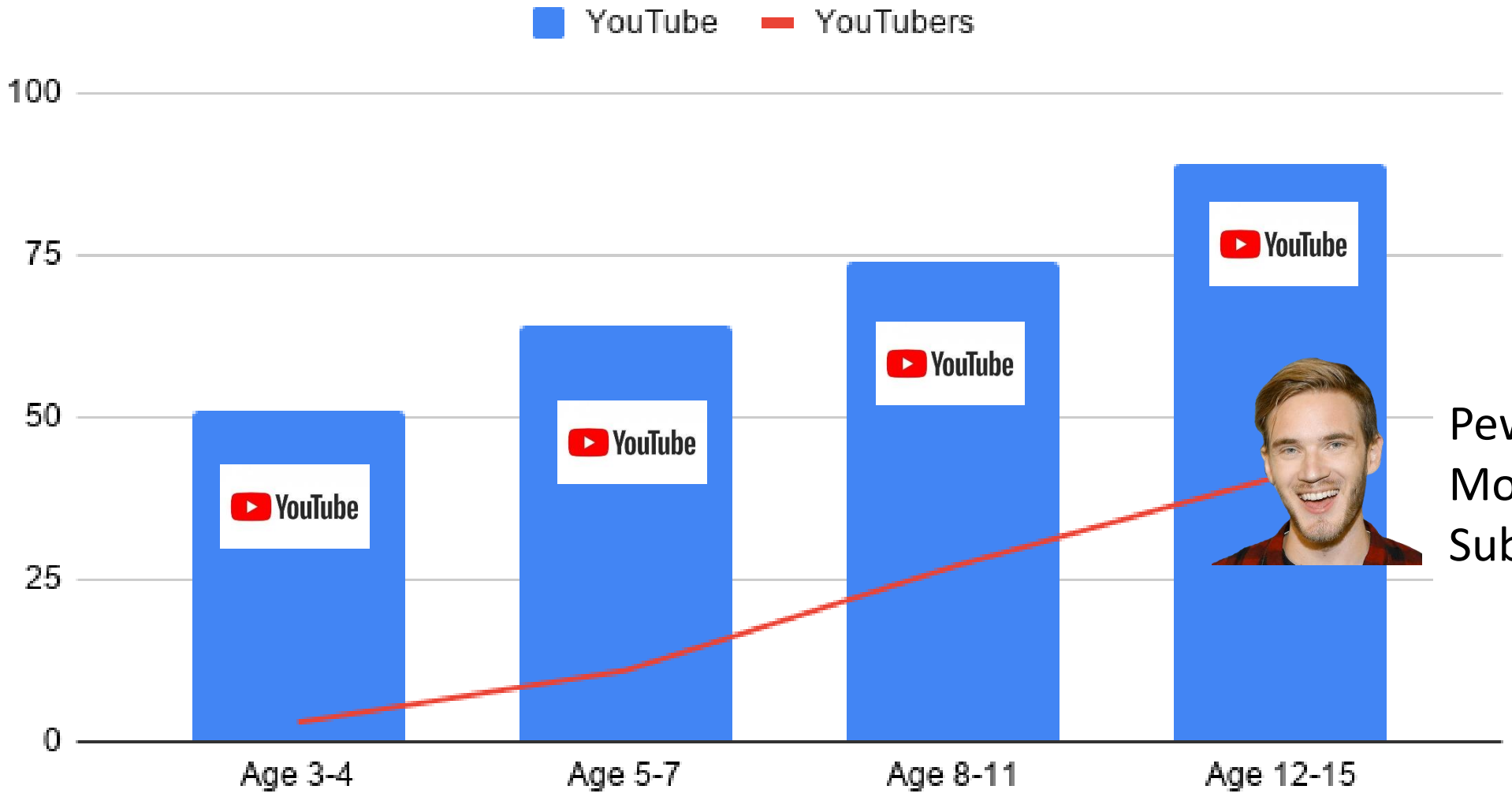
Access to age inappropriate material unsupervised

Solutions

Age limited profiles

Age limited profiles on Netflix

YouTube & YouTubers

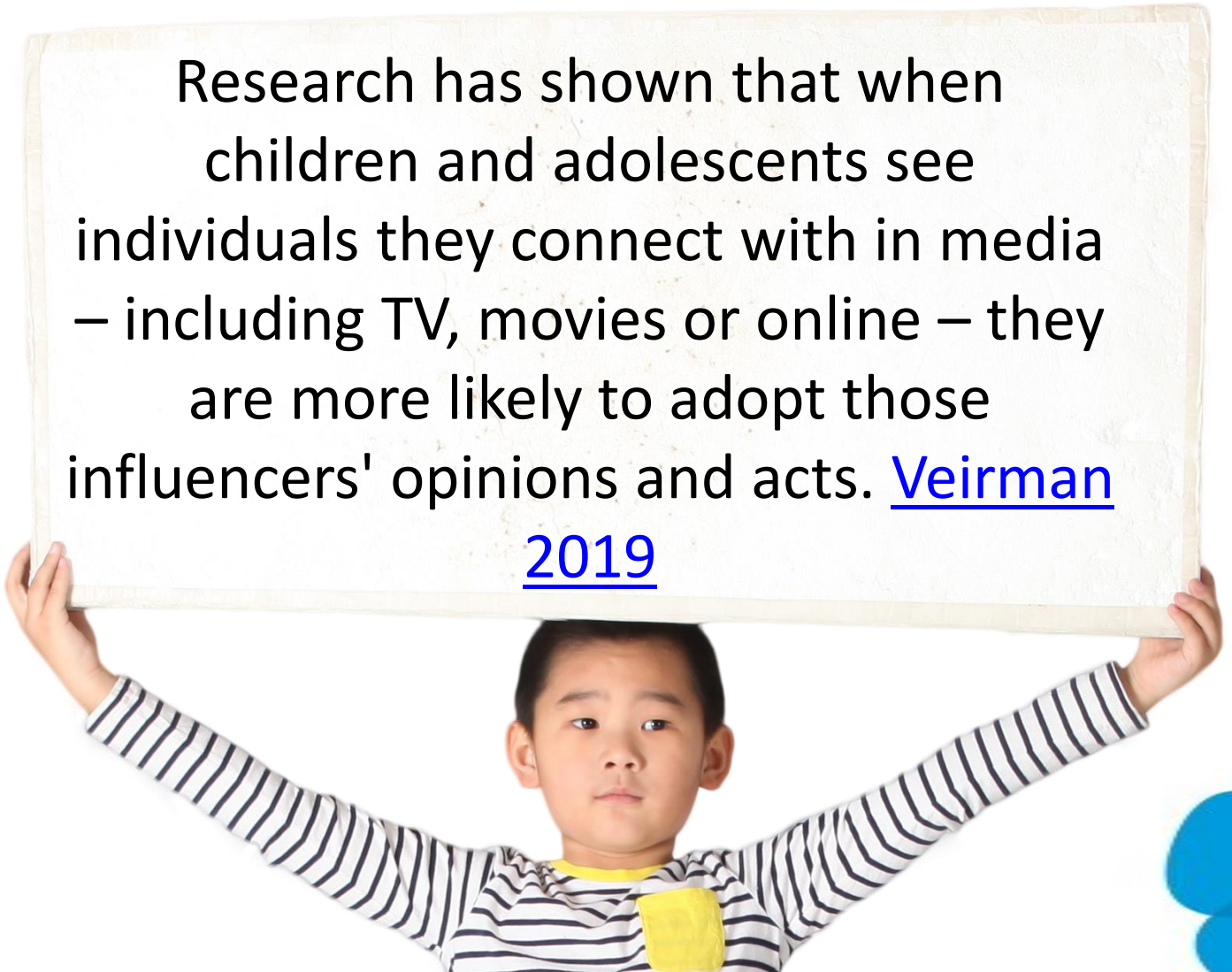


PewDiePie
Most YouTube
Subscribers

Areas of Concern

Unwanted influence

Radical ideas



Discussion Themes

Who is your favourite YouTuber?

What do you like most about their videos?

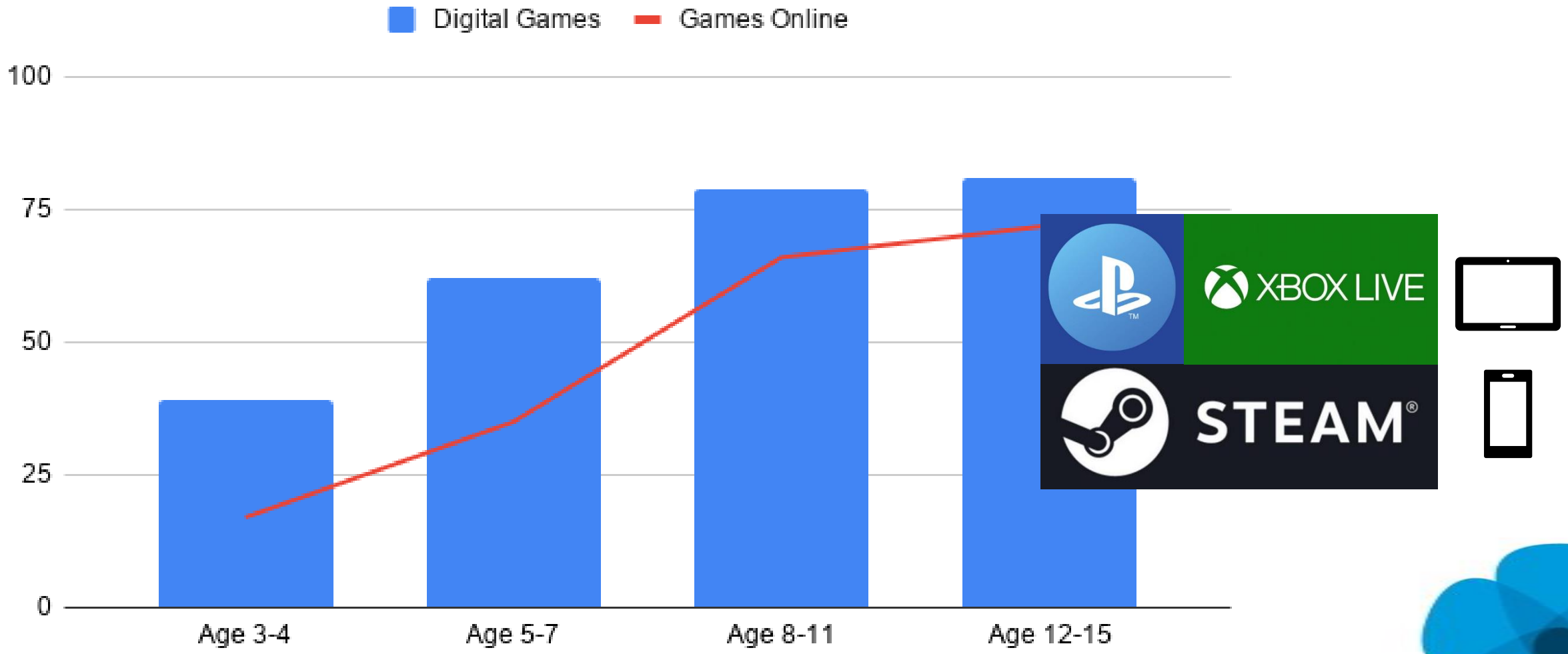
If you had to share one minute of any of their videos what would it be and why would that be special?

Next time you watch something you like come and show me.

What is their thing? What are they famous for?

You can then have influence as part of discussion and shared interest.

Games on a Device & Games Online



Ofcom Lockdown Games & Socialising

Many were using gaming as a way to catch-up with friends, and most were regularly 'multi-screening'. either while gaming or using social media.

Life in lockdown report Ofcom

Discord

Gaming+ chat

The safest way to use Discord is to only accept friend requests and participate in private servers with people you already know.

Areas of Concern

Inappropriate language used in the game

Behaviours transferred to real life – in the playground

Bullying

Obsessiveness – aggressiveness

Cost –lockboxes –pay to proceed

Webcams

Solutions -Which Games to Allow?

- Say that you will play the game with them or watch them play to check suitability
- Ratings are a good starting point
- Does the game have lots of additional payments needed to advance?
- Does the game have lootchests or other gambling components?

PEGI Rating (Pan European Game Information)

Solutions –Gaming Restrictions

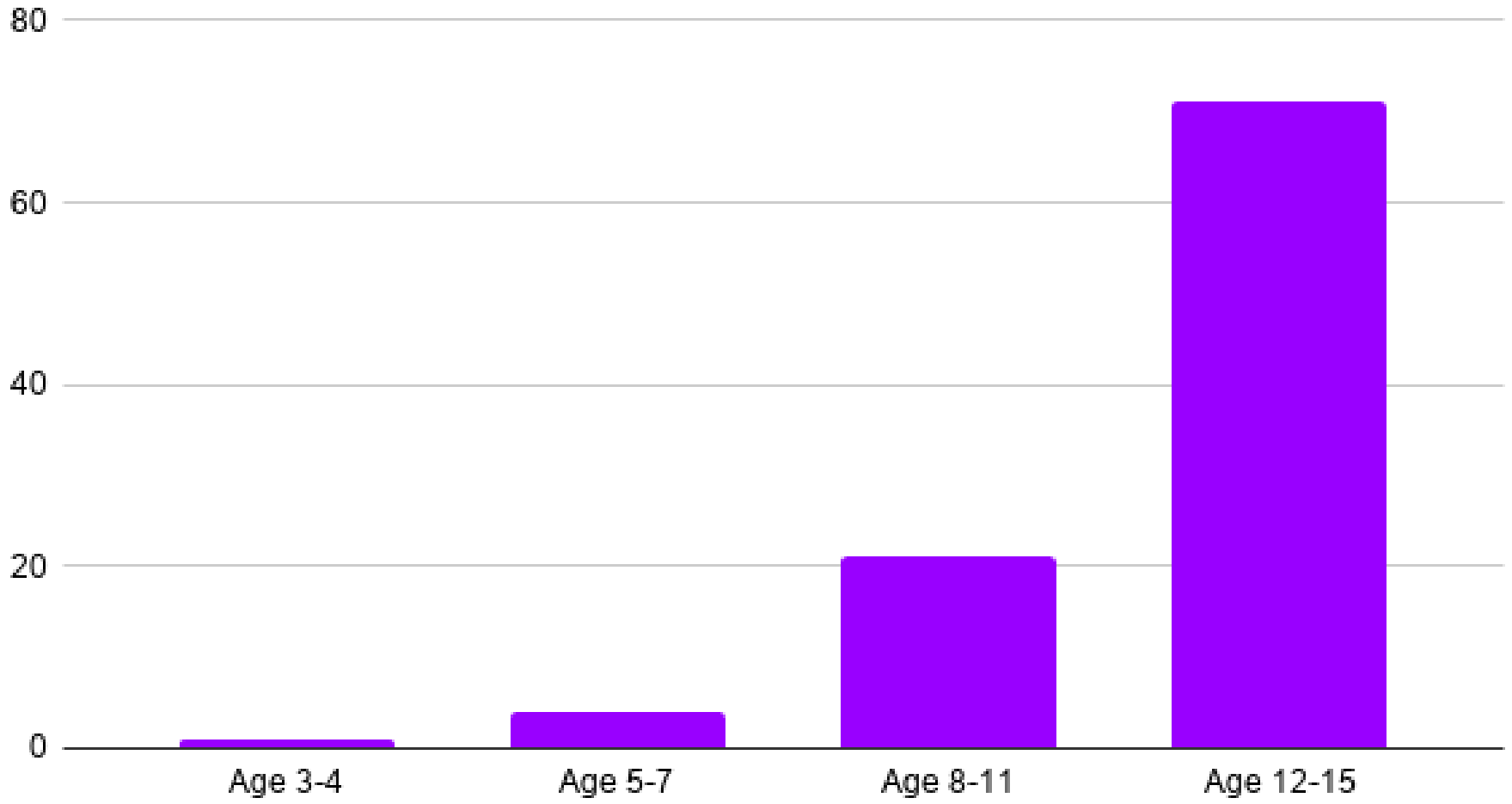
- Conversation about acceptable chat
- Limit webcam access in online games
- Don't allow access to your credit card in an ongoing manner (allowing systems to save your card details for later)

Solutions –Time Limits

- Remember that gaming should occur only after your child completes their other responsibilities for the day.
- Put clear limits on your child's gaming (1 hour at a time)
- In designing your rules, consider a reasonable time frame for reassessment
- Determine a realistic consequence for breaking the rules.
- Once you have established your rules, you must consistently monitor and apply them
- Identify other recreational activities
- Offer positive reinforcement for non-gaming activities

Adapted from Pause & Reset by M Petry

Social Media Profiles by age



Ofcom Lockdown Socialising

TicTok App was very popular as it was seen as a good way to kill time

Many TicTok users went from to consumers to creators during lockdown

A lots of content was copying others

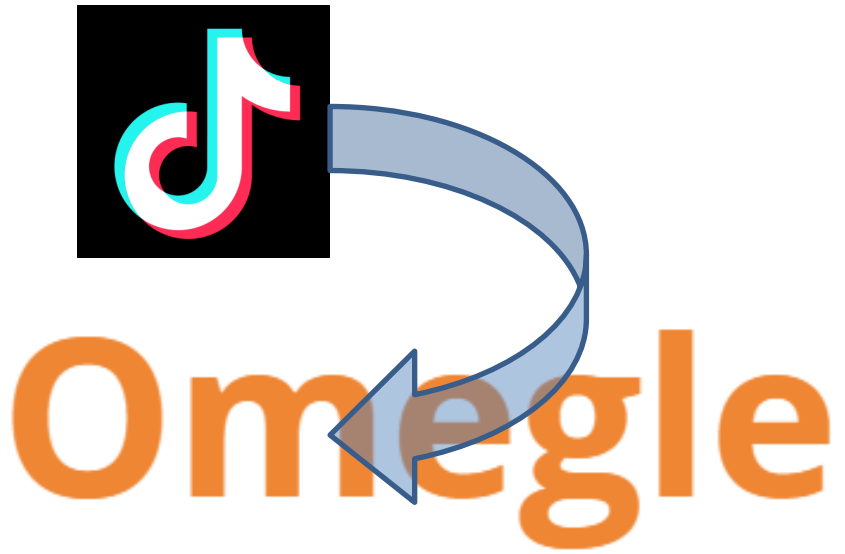
TicTok

[Life in lockdown report](#) Ofcom

TicTok as a gateway to harmful content

Omegle is one such site

- Text or video chat with random strangers
- No real sign up checks
- Abusers playground
- Children come across this video content on TicTok



https://youtu.be/SyujeVz_2Yg

Areas of Concern

Unregulated content (self harming, pro-anorexia, pro-suicide)

Online bullying

Grooming by adults intent on harm

Making or sending illicit images of themselves of others

What is social media? Adults VS Children

A recent study showed that children have a much wider view of social media than just traditional sites with many identifying any app or game with a communication element as social media

In many ways they are correct

1. **Conversations** – communicate with individuals or groups
2. **Groups** – common interest groups
3. **Identity** – user profile and/or the ability to control privacy settings
4. **Presence** –know if someone is online / offline where they are in physical world
5. **Relationships & Reputation** – Likes, Followers, Ratings
6. **Sharing** –share media, view others media

Some or any of these

Solutions -Access by approximate phase of childhood

Ages are a rough guide only as pupils mature at different speeds

3-4	5-7
Deny access	Deny access
8-11 Deny access or Proceed with caution	**12-15 Allow access with restrictions**
Proceed only if children can • Limit access to well known friends & family only • Locked down profile checked by parents • Outside access to app checked by parents • Provide parents access on demand • Limit photos / videos shared or ask permission to share photos • Understand the power of the written word • Agree to share direct or group communication that makes them feel uncomfortable with parents • Specific permission to use any social media app sought from parents • Agreement not to share naked pictures of themselves or anyone else	Proceed with following restrictions • Limit access to those known by young person and verified famous people • Locked down profile • Provide parents access on demand • Agreement not to share naked pictures of themselves or anyone else • Agreement to talk about issues that upset the young person and for the parent to agree that they will not remove the device or app when issues occur • Specific permission to use each app sought from parents for young people below 13

Cyber Bullying

Cyber bullying is any form of bullying which takes place online or through the use of technology.

It can be combined with physical bullying or only take place virtually

It can have devastating effects for the young person and their family

Types of Cyber Bullying (1)

Harassment - Sending offensive, rude, and insulting messages and being abusive. Denigration – This is when someone may send information about another person that is fake, damaging and untrue.

Flaming – Someone is purposely using really extreme and offensive language and getting into online arguments and fights.

Impersonation – Someone will hack into someone's email or social networking account and use the person's online identity to send or post vicious or embarrassing material to/about others.

Adapted from bullying.co.uk

Types of Cyber Bullying (2)

Cyber Stalking – This is the act of repeatedly sending messages that include threats of harm, harassment, intimidating messages, or engaging in other online activities that make a person afraid for his or her safety.

Exclusion – This is when others intentionally leave someone out of a group such as group messages, online apps, gaming sites and other online engagement. This is also a form of social bullying and a very common.

Outing and Trickery – This is when someone may share personal information about another or trick someone into revealing secrets and forward it to others.

Adapted from bullying.co.uk

Solutions -How can parents help

Communication is Key

Unless cyber bullying is discussed ahead of the incident it is very unlikely that the bullied child will tell their parents straight away.

Important that continued access to technology is agreed

Cyber Bullying Warning Signs

Child appears upset after being online

Child appears upset after using their mobile device

Child appears upset after internet gaming

Child withdraws from peer social interaction

Possible drop in school performance

Solutions –What can parents do once they know their child is being cyber bullied

- Stay calm during disclosure
- Save any evidence
- Forward the evidence to the Internet Service Provider or social networking admin and they will remove it
- If the communication or site, names an individual and threatens violence, stalking, extortion, harassment or is obscene or pornographic the police or CEOPS (Child Exploitation and Online Protection Centre) should be contacted.
- Encourage children not to respond as this often makes things worse
- Talk to your school

Report to CEOPs

Predatory Paedophile Sentenced

12 August 2020 | *News, Sexual offences*

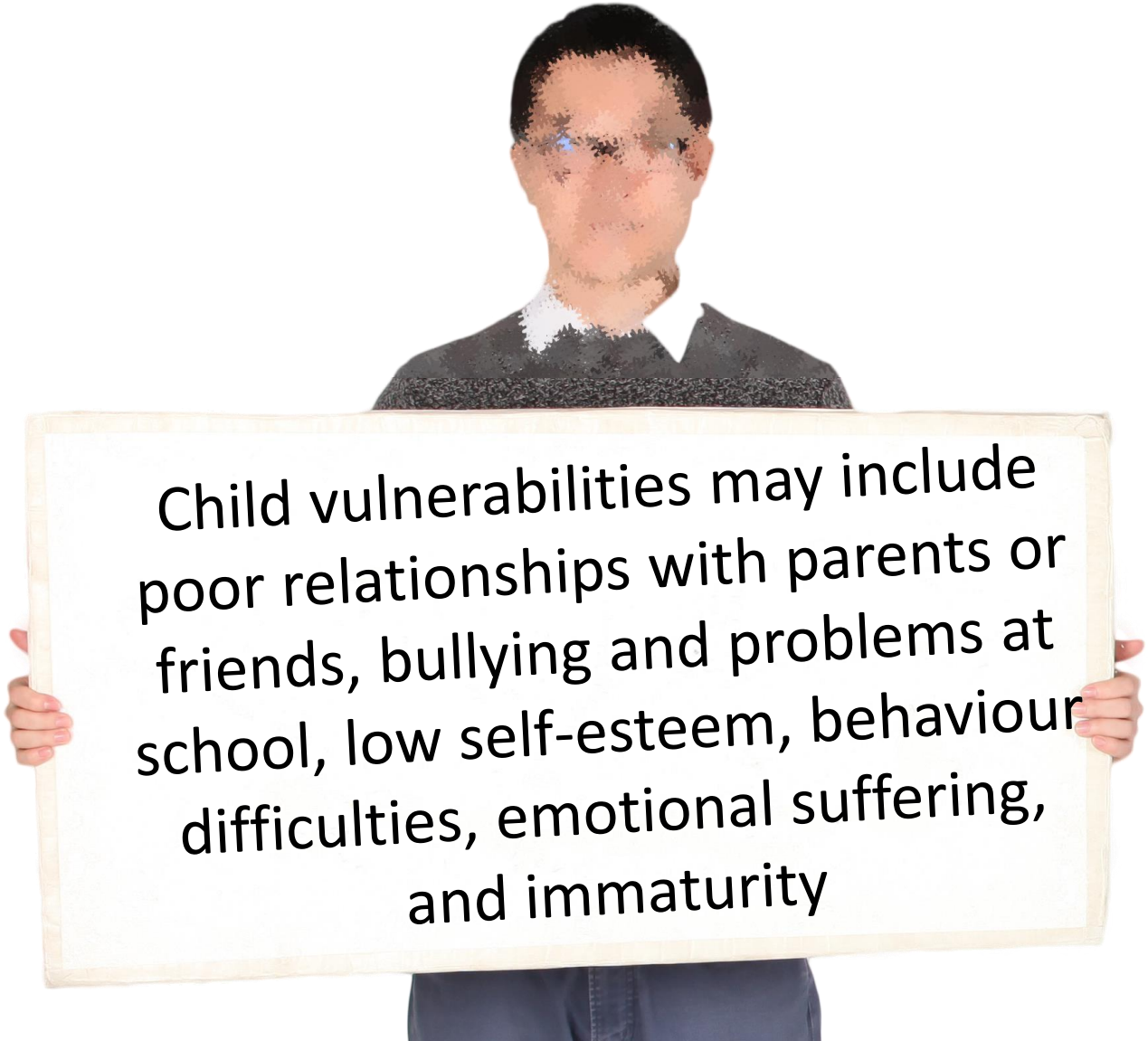
Paedophile James Michael Ford, 30, has been found guilty of abducting a child and sending threatening messages in a sexually motivated crime.

Yesterday, Ford was sentenced to a two-year suspended sentence at Winchester Crown Court. Hampshire Police's Amberstone team worked closely with the dedicated CPS prosecutors to deliver justice.

Claire Ross, specialist CPS Wessex Prosecutor said "This was a complex case where a predatory paedophile with sexual motives groomed a young girl. Thanks to the partnership between Hampshire's Amberstone team and CPS Wessex, we were able to deliver justice.

"These types of incidents are rare, and the public should be confident in our commitment to prosecute sexual offences and continue to deliver justice."

What increases young peoples vulnerability to grooming



+ Access

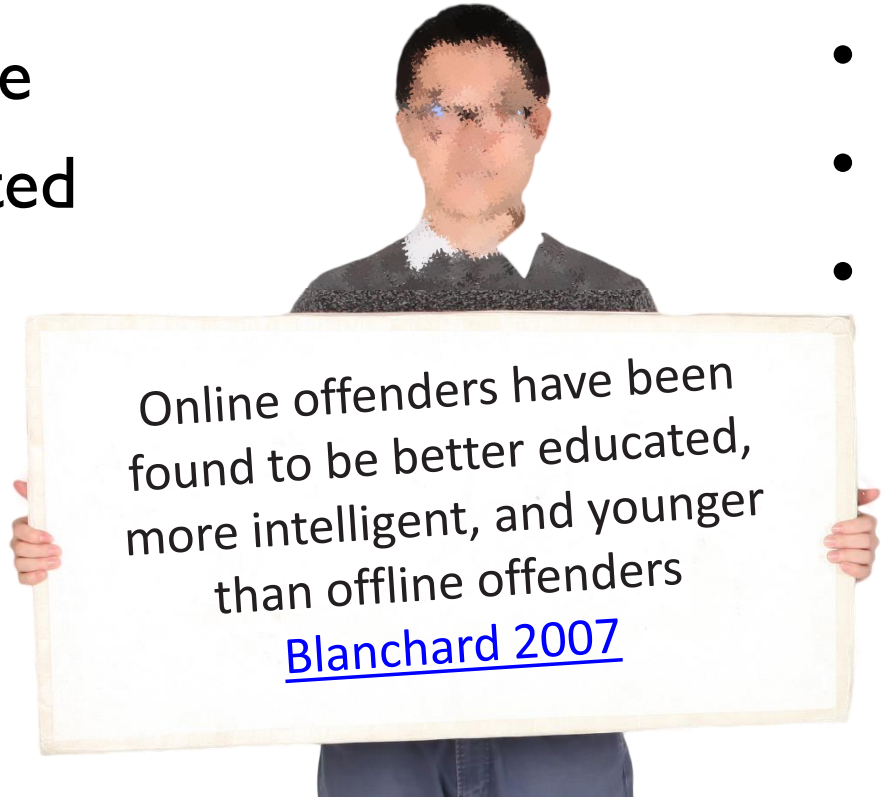
Adapted from Trauma, violence & Abuse 2014

Sex Offender Activity Online

Small number of offenders

However, they are

- Persistent
- Obsessive
- Committed
- Capable



What does the internet offer them?

- Access
- Multiple Identities
- Multiple Opportunities
- Fine tuning of approach

Further reading on how predators groom children

What can we do?

- Grooming is a crime
- Report it to Police/CEOPS
- Save evidence
- With young people
  - Discuss the possibility that grooming can happen using age-appropriate language
  - Listen to what young people have got to say

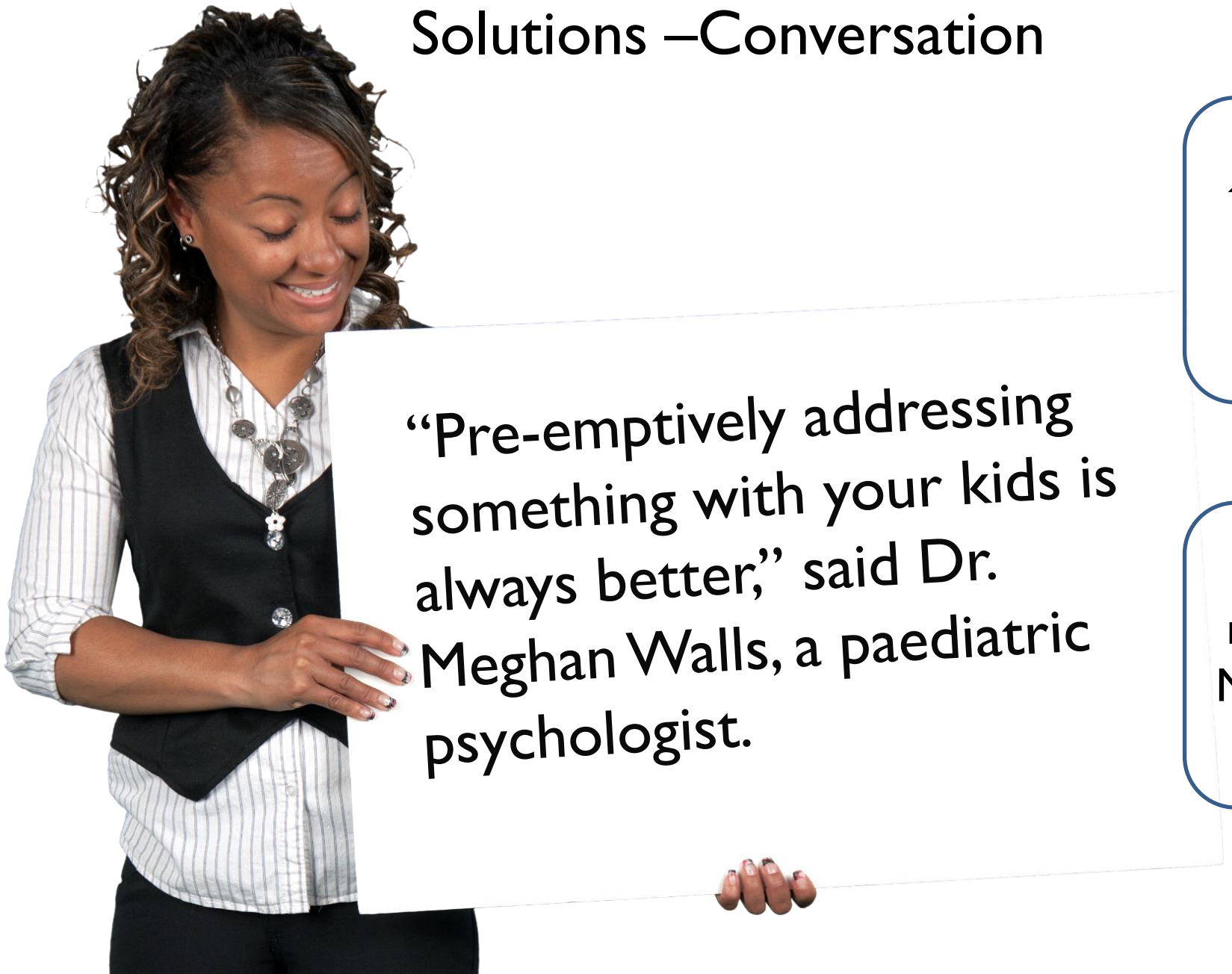
OTHER ISSUES

Momo -Hoax

- Following a flurry of scare stories, some schools have warned parents about the "momo challenge" - but fact-checkers say it is a hoax.
- The character, shown with bulging eyes, supposedly appears on WhatsApp and sets children dangerous "challenges" such as harming themselves.
- no reports of anybody receiving messages or harming themselves as a result.

https://www.snopes.com/ Fact Checking

Solutions –Conversation



"Pre-emptively addressing something with your kids is always better," said Dr. Meghan Walls, a paediatric psychologist.

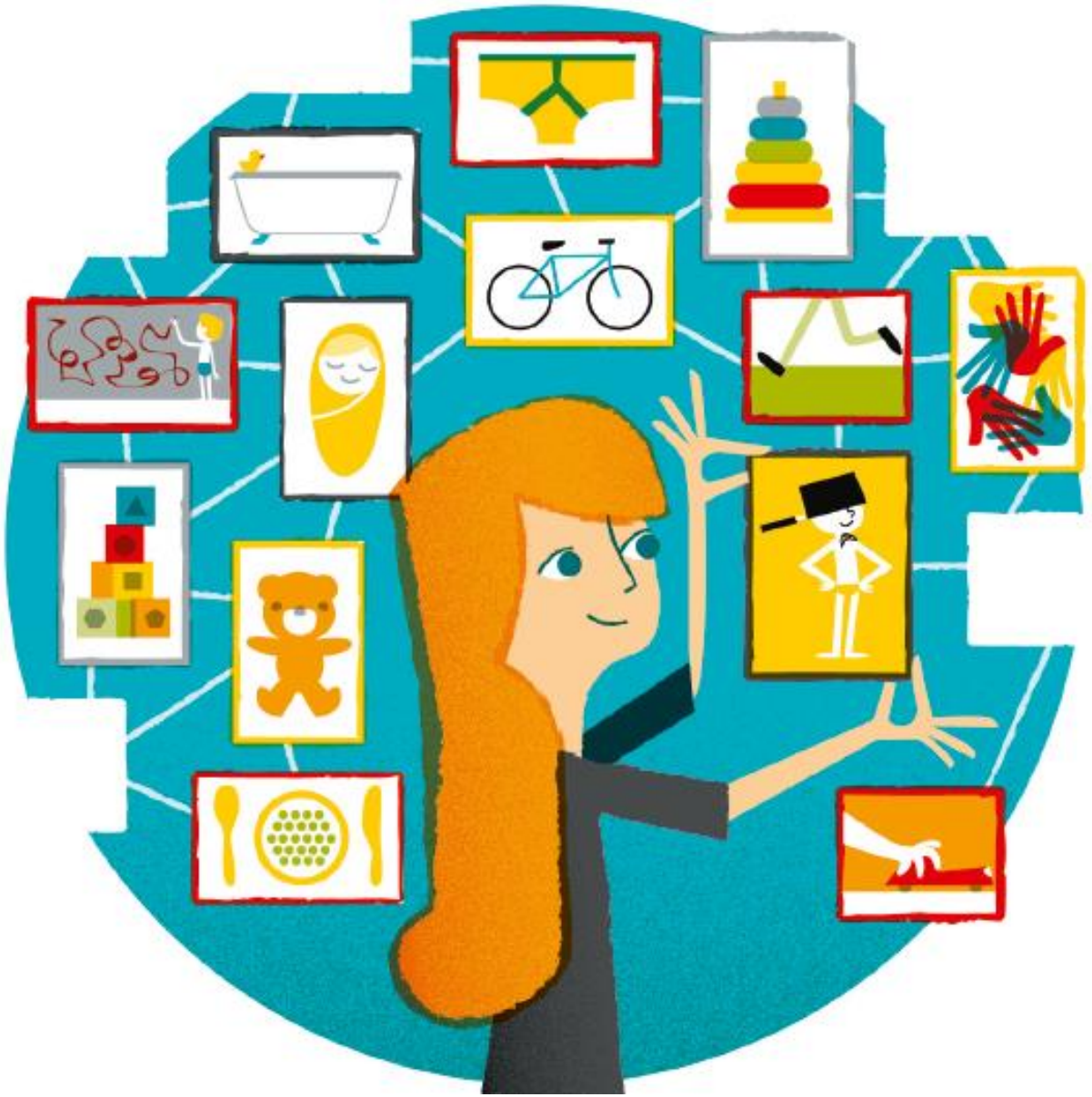
"there's some scary things that pop up on phones and tablets and if you ever see something like that, come and get me.'"

"Promise me you will tell me if anyone sends you the Momo fake challenge as that can be cyber bullying.'"

Digital Footprint

The trail that is left behind when you go online

Internet search of what data is publicly available



Sharenting

Sharenting: the facts

71% of parents upload five or more images of their child each week on social media

9% of parents shared an image of their child in the womb

21% of parents have set up a social-media account for their child

13% say they share photos of their children to gain social media followers

32% of parents have never asked their child if it's OK to share a photo of them

Source: Survey for Channel 4 News/Parent Zone, May 2017 with 1002 UK parents around the UK

Are you a Tech Role Model?

1. Using your phone when you could be talking to your children
2. Turn off notifications to avoid that constant 'ping'
3. Use an alarm clock so you don't have electronic devices in your bedroom
4. Keep your phone on silent in your pocket or bag when you pick up the children from school
5. No phones at the table or for a time range between 6 and 7 for example
6. Family tech free days?
7. Asking permission before sharing photos of them

FURTHER SOURCES OF INFORMATION

common sense media®

Hampshire Services
HIAS SCHOOL IMPROVEMENT

common sense media®

Movies & TV Shows | Books | Apps & Games | Advice for Parent

What are you looking for?

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Movies	*9,121*
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TV shows	*6,218*
Books	*5,335*
Music	*2,206*

App Reviews

Sort By: Most Recent

Apps

Lyrical Letters

age 8+ ★★★☆☆

Digital keyboard adds musical word puzzle and lots of ads.

Devices: iPhone, iPod Touch, iPad (2019)

Continue reading

Brushing Hero

age 3+ ★★★☆☆

Brush teeth, defeat monsters; hero for some, not for all.

Devices: iPhone, iPod Touch, iPad, Android (2019)

Continue reading

[Common Sense Media]

parentzone
The experts in digital family life

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Family games

Family-friendly titles for tablets and phones.

Fortnite

Your guide to the online multiplayer gaming craze.

Game age ratings

PEGI game certifications explained for parents.

Influencer Marketing

All you need to know about vlogging and influencers.

Instagram

LGBTQ+

Live Streaming

Minecraft

[Parents Zone]

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Digital Parenting

ANY QUESTIONS?