Year R

Relationships

We aim to teach Relationships and Sex Education (RSE) in an age appropriate way and in a way that meets the needs of our pupils.
In Year R, learning will focus on looking after ourselves. In Sex Education we will be teaching children correct scientific terms to describe body parts (from Key Stage 1) and life processes (in Key Stage 2).
In Relationships Education we will explore the make up of different families. We will also explore and challenge gender roles.
Respect is a key part of the ethos at St Lawrence, so we will be focusing our teaching on respect for others. We will use books as a way to promote discussions (see below for year group books).
In a world where children will encounter many different people (both in real life and on screen) we feel that it is important to teach them the facts about different relationships and life styles. If children are not given information, they may learn incorrect information through rumour or gossip.

For more information about RSE at St Lawrence, please view our RSE policy on the website.

YEAR R WILL LEARN :

- **Some ways in which they can look after themselves and their bodies eg dressing, washing themselves**
- **Why it is important to keep clean**
- **Some basic hygiene routines**
- **About different members of families**
- **How families help and care for each other**
- **That there are different types of families**



