Year 1

Relationships

We aim to teach Relationships and Sex Education (RSE) in an age appropriate way and in a way that meets the needs of our pupils.
In Year R, learning will focus on looking after ourselves. In Sex Education we will be teaching children correct scientific terms to describe body parts (from Key Stage 1) and life processes (in Key Stage 2).
In Relationships Education we will explore the make up of different families. We will also explore and challenge gender roles.
Respect is a key part of the ethos at St Lawrence, so we will be focusing our teaching on respect for others. We will use books as a way to promote discussions (see below for year group books).
In a world where children will encounter many different people (both in real life and on screen) we feel that it is important to teach them the facts about different relationships and life styles. If children are not given information, they may learn incorrect information through rumour or gossip.

For more information about RSE at St Lawrence, please view our RSE policy on the website.

Year 1 will learn:

- **How to keep clean and look after themselves**
- **That babies become children and then adults**
- **The differences between boy and girl babies and the correct words for body parts**
- **That there are lots of different types of families and that all families can provide love and care**
- **About different people who love them and who they love**
- **The things that make them special and unique**
- **That we should respect other people's choices of what they want to wear or play with**





