Year 4

Relationships

We aim to teach Relationships and Sex Education (RSE) in an age appropriate way and in a way that meets the needs of our pupils.
In Year R, learning will focus on looking after ourselves. In Sex Education we will be teaching children correct scientific terms to describe body parts (from Key Stage 1) and life processes (in Key Stage 2).
In Relationships Education we will explore the make up of different families. We will also explore and challenge gender roles.
Respect is a key part of the ethos at St Lawrence, so we will be focusing our teaching on respect for others. We will use books as a way to promote discussions (see below for year group books).
In a world where children will encounter many different people (both in real life and on screen) we feel that it is important to teach them the facts about different relationships and life styles. If children are not given information, they may learn incorrect information through rumour or gossip.

For more information about RSE at St Lawrence, please view our RSE policy on the website.

Year 4 will learn:

- **The differences between male and female bodies and the correct words to use to describe these differences**
- **Some of the ways the human body changes over a lifetime, including puberty**
- **That children change into adults in order to reproduce**
- **That families can be created in lots of different ways including: single parents, same-sex parents, step-parents, blended families and foster parents**
- **That all types of family can give family members love, care and stability**
- **How to recognise if a family relationship is not right and what to do if they or a family member is unhappy**
- **That gender identity is the way someone feels inside**



